Community Center Earth Day Exercise

Community Center Earth Day is	- Valeise
Drogrom	# of Individuals Interested
Program	IIIteleated
Adult Programming	
Martial Arts – Karate, Tai Chi, Tae Kwon Do, Alkido, Judo, Jujitsu, Self Defense, etc.	6
Arts & Crafts - Painting, Drawing, Stain Glass,	
Calligraphy, Woodcarving, Glass Mosaic, Fused	7
Glass, Knitting, Crocheting, Sewing, Jewelry,	1
etc.	
Dance – Tap, Ballet, Ballroom, Line, Tango,	_
Latin, Rumba, Hula, Swing, Belly Dance,	6
Jitterbug, Jazz, etc.	
Music – Gultar Lessons, Plano/Keyboard	8
Lessons, Vocal Lessons,	
Social/Knowledge First Ald, CPR/AED,	
Computers, Coffee Hour, Wellness Classes,	
Bingo, Card Games (Bridge, Pinochle,	
Gin Rummy etc.), Checkers, Chess, Dominos,	12
First Aid for Pets, Personal Finances,	
Estate Planning, Business, Languages,	
Web Design, Book Club, etc.	
Computers – Facebook Fundamentals, etc.	3
Gardening	5
Nutrition/Health	5
Dog Obedience	5
Family (Intergenerational)	
Programming	
Mommy and Me - Arts & Crafts,	
social/Knowledge Programs, Motor Skills,	6
Tumbling, Martial Arts, halloween	Ů
(Mummy & Me), etc.	
Baby and Me – Arts & Crafts, Social/Knowledge	1
Programs, Motor Skills, etc.	
Toddler and Me ← Arts & Crafts,	
Social/Knowledge Programs, Motor Skills,	6
Tumbling, etc.	
Daddy and Daughter – Valentines Dance, Arts &	
Crafts, Social/Knowledge Programs, Motor	8
Skills, Martial Arts, etc.	
Father and Son – Arts & Crafts,	
Social/Knowledge Programs, Motor Skills,	7
Martial Arts, etc.	
Social/Knowledge – First Ald, CPR, Babysitting,	
Boating Safety, First Ald for Pets, etc.	7
Gardening	5
Nutrition/Health	5
Dog Obedlence	9

**Community Center Earth Day Exercise** 

Community Center Earth Day i	-X610198
	# of Individuals
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Program	Interested
Youth Programming	
Fitness – Zumba, Yoga, Pilates, etc.	8
Martial Arts Karate, Tai Chi, Tae Kwon Do, Alkido, Judo, Jujitsu, Self Defense, etc.	10
Arts & Crafts – Painting, Drawing, Photography,	23
Calligraphy, etc.	20
Dance Tap, Ballet, Hip Hop, Ballroom, Line, Jazz, Creative Movement, etc.	6
Social/Knowledge – First Ald, CPR/AED,	
Babysitting, Boating Safety, Internet Security,	7
LEGO Work shops, Robotics, etc	•
Sports - Tumbling, Cheerleading	6
Gardening	1
Nutrition/Health	3
After School Program	6
Summer Camps	8
·	o o
Senior Programming	
50+ Fitness Zumba, Gentle Yoga, Pilates,	8
Jazzercise, etc.	
50+ Martial Arts – Karate, Tai Chi, Tae Kwon Do, Alkido, Judo, Jujitsu, Self Defense, etc.	5
Arts & Crafts - Painting, Drawing, Stain Glass,	
Calligraphy, Woodcarving, Glass Mosaic, Fused	
Glass, Knitting, Crocheting, Sewing, Jewelry,	4
etc.	
Dance – Ballroom, Line, etc.	2
Social/Knowledge – Wellness Classes,	
Computers, Bingo, Card Games (Bridge,	
Pinochie, etc.), Checkers, Chess, Dominos, Pot	
Luck Lunch, First Ald, CPR/AED, First Ald for	4
Pets, Estate Planning, Personal Finances,	
Business, Languages, Web Design, etc.	
Computers – Facebook Fundamentals, etc.	4
Gardening	<u> </u>
Nutrition/Health	1
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Tennis Programming	
Tennis Lessons (Group/Individual) – Beginner,	6
Intermediate, Advanced	
Tennis Tournaments Ladder, Double/Single Elimination	5
Tennis Clinics/Camps	6
Tennis Tournaments – Ladder, Double/Single	
Elimination	5
50+ Tennis Lessons (Group/individual)	
Beginner, intermediate, Advanced	
50+ Tennis Tournaments – Ladder,	
Double/Single Elimination	

Community Center Earth Day Exercise

Community Center Earth Day Exercise	
Program	# of Individuals Interested
Adult Aquatic Programming	
Water Aerobics	7
	7 2
Aqua Zumba	
Water Basketball	2
Water Volleyball	4
Stand Up Paddleboard (SUP) Lessons at Marina	9
Kayak Lessons at Marina	7
Canoe Lessons at Marina	3
Boating Safety at Marina	6
Wake Board Lessons at Marina	3
Fishing Classes/Clinics at Marina/Boat Excursions	2
Family/Youth Aquatic Programming	
Swim Lessons (Group/Individual) – Beginner, Intermediate, Advanced	8
Junior Lifeguard Program	8
Water Basketball	2
Water Volleyball	3
Stand Up Paddleboard (SUP) Lessons at Marina	1
Kayak Lessons at Marina	2
Canoe Lessons at Marina	1
Boating Safety at Marina	4
Wake Board Lessons at Marina	4
Fishing Classes/Clinics at Marina/Boat Excursions	**
Senior Aquatic Programming	
50+ Water Aerobics	5
50+ Aqua Zumba	2
50+ Water Walking	2
Arthritis Foundation Aquatic Program	2
50+ Water Walking	1
Stand Up Paddleboard (SUP) Lessons at Marina	2
Kayak Lessons at Marina	4
Canoe Lessons at Marina	4
Wake Board Lessons at Marina	4
Boating Safety at Marina	3
Fishing Classes/Clinics at Marina/Boat Excursions	2
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